

BUS

103

# to Stapleford Abbotts (HOW GREEN) & North Romford (CHASE CROSS) Daily

VIA DAGENHAM EAST, BECONTREE HEATH AND ROMFORD

This Service is operated by Pay As You Enter buses.  
Please have your exact fare ready to pay as you board.

**Mondays to Fridays** ★—Between Rainham and North Romford buses run every 7-10 minutes until 1730.

Rainham War Memorial★	0546	0604	0618	0632		0646	0701	0713	0720	0749	0819	0849	0919	0949				
Dagenham East Station★	0557	0615	0629	0643		0657	0712	0724	0732	0802	0832	0902	0932	1000				
Becontree Heath Civic Centre★	0604	0622	0636	0650		0704	0719	0732	0740	0810	0840	0910	0940	1007				
Romford Station★	0612	0630	0644	0658		0712	0727	0741	0749	0819	0849	0919	0949	1016				
Romford North Street Garage★	0618	0634§	0636	0650	0704	0707§	0712§	0718	0729§	0733	0741§	0747	0755	0825	0855	0925	0955	1022
North Romford Chase Cross★	0627	0643	0645	0659	0713	0716	0721	0727	0738	0742	0750	0756	0804	0834	0904	0934	1007	1034
Havering Green...		0646			0716			0741			0807	0837	0907	0937	1010	1037		
Stapleford Abbotts How Green		0652			0722			0748			0814	0844	0914	0944	1017	1044		
Rainham War Memorial★	1019		1419	1448	1518	1545	1614	1644	1714	1744	1752	1759	1807	1814	1821	1829	1837	
Dagenham East Station★	1030	Then	1430	1459	1529	1556	1626	1656	1726	1756	1804	1811	1819	1826	1833	1841	1848	
Becontree Heath Civic Centre★	1037	every	1437	1506	1536	1603	1633	1703	1733	1803	1811	1818	1826	1833	1840	1848	1855	
Romford Station★	1046	30	1446	1515	1545	1613	1643	1713	1743	1813	1821	1828	1836	1842	1850	1857	1904	
Romford North Street Garage★	1052	minutes	1452	1521	1551	1620	1650	1720	1750	1820	1828	1835	1842	1848	1856	1903	1910	
North Romford Chase Cross★	1104	until	1504	1533	1603	1633	1703	1733	1803	1833	1841	1853	1863	1906	1909	1909	1909	
Havering Green...	1107		1507	1537	1607	1637	1707	1737	1807	1837	1841	1853	1863	1906	1909	1909		
Stapleford Abbotts How Green	1114		1514	1544	1614	1644	1714	1744	1814	1844	1853	1863	1906	1915	1915	1915		
Rainham War Memorial★	1844	1852	1906		Then	2326	2346	0006										
Dagenham East Station★	1855	1903	1917		every	2337	2357	0017										
Becontree Heath Civic Centre★	1902	1910	1924		20	2344	0004	0024										
Romford Station★	1911	1919	1932		minutes	2352	0012	0032										
Romford North Street Garage★	1917	1925	1938		until	2358	0018	0038										
North Romford Chase Cross★		1927	1947			0007	—	—										
Havering Green...																		
Stapleford Abbotts How Green																		

**Saturdays** ★—Between Rainham and North Romford buses run every 7-10 minutes from 1000 until 1800.

Rainham War Memorial★	0537	0607	0627	0642	0657	0712	0727	0742	0757	0812	0827	—	0842	0856	—	0909	
Dagenham East Station★	0548	0618	0638	0653	0708	0723	0738	0753	0808	0823	0838	—	0853	0907	—	0921	
Becontree Heath Civic Centre★	0555†	0625	0645	0700	0715	0730	0745	0800	0815	0830	0845	—	0900	0914	—	0929	
Romford Station★		0633	0653	0708	0723	0738	0753	0808	0823	0838	0853	—	0909	0923	—	0938	
Romford North Street Garage★	0614§	0639	0658§	0659	0714	0729	0744	0759	0814	0829	0844	0859	0907§	0915	0929	0936§	0944
North Romford Chase Cross★	0623	0648	0707	0708	0723	0738	0753	0808	0823	0838	0853	0908	0916	0924	0938	0945	0953
Havering Green...			0711	—	0741	—	0811	—	0841	—	0911	—	—	0941	—	—	
Stapleford Abbotts How Green			0717	—	0747	—	0817	—	0847	—	0917	—	—	0947	—	—	
Rainham War Memorial★	0923	0935	0945	1017		1747	1755	1806	1813	1821	1826	1831	1836	Then	2336	2351	0006
Dagenham East Station★	0935	0947	0957	1028		1758	1806	1817	1824	1832	1837	1842	1847	every	2347	0002	0017
Becontree Heath Civic Centre★	0943	0955	1005	1035		1805	1813	1824	1831	1839	1844	1849	1854	15	2354	0009	0024
Romford Station★	0952	1005	1015	1045		1815	1821	1832	1839	1847	1852	1857	1902	mins.	0002	0017	0032
Romford North Street Garage★	0958	1002§	1012	1052	30	1822	1827	1838	1845	1853	1858	1903	1908	until	0008	0023	0038
North Romford Chase Cross★	1007	1014	1024	1034	1104	1834	1847	1902	—	—	—	—	—	0017	—	—	—
Havering Green...	1010	—	—	1037	1107	1837	—	—	—	—	—	—	—	—	—	—	—
Stapleford Abbotts How Green	1017	—	—	1044	1114	1844	—	—	—	—	—	—	—	—	—	—	—

**Sundays** (also Easter, Spring & Summer Bank Holidays)

Rainham War Memorial		0714	0748	0820	0854	0927	1000	1033	1103	1130	1153	1217	1242	1306	1330	1355	1420		
Dagenham East Station		0725	0759	0831	0905	0938	1011	1044	1114	1141	1204	1228	1253	1317	1341	1406	1431		
Becontree Heath Civic Centre		0732	0806	0838	0912	0945	1018	1051	1121	1148	1211	1235	1300	1324	1348	1413	1438		
Romford Station		0740	0814	0846	0920	0953	1026	1059	1129	1156	1219	1243	1308	1332	1356	1421	1446		
Romford North Street Garage		0841§	0713§	0746	0820	0852	0926	0959	1032	1105	1135	1202	1225	1249	1314	1338	1402	1427	1452
North Romford Chase Cross		0650	0722	0755	0829	0901	0935	1008	1041	1114	1144	1211	1234	1258	1323	1347	1411	1436	1501
Rainham War Memorial	1444	1509	1533	1558	1622	1647	1711	1735	1759	1824	1837	1849	1914	1939	2003	2027	2051	2116	
Dagenham East Station	1455	1520	1544	1609	1633	1658	1722	1746	1810	1835	1848	1900	1925	1950	2014	2038	2102	2127	
Becontree Heath Civic Centre	1502	1527	1551	1616	1640	1705	1729	1753	1817	1842	1855	1907	1932	1957	2021	2045	2109	2134	
Romford Station	1510	1535	1559	1624	1648	1713	1737	1801	1825	1850	1903	1915	1940	2005	2029	2053	2117	2142	
Romford North Street Garage	1516	1541	1605	1630	1654	1719	1743	1807	1831	1856	1909	1921	1946	2011	2035	2059	2123	2148	
North Romford Chase Cross	1525	1550	1614	1639	1703	1728	1752	1816	1840	1905	1918	1930	1955	2020	2044	2108	2132	2157	
Rainham War Memorial	2141	2205	2230	2258	2327	2347	2308	2357	2424	2454	2524	2554	2624	2654	2724	2754	2824	2854	
Dagenham East Station	2152	2216	2241	2299	2338	2358	2308	2358	2428	2458	2528	2558	2628	2658	2728	2758	2828	2858	
Becontree Heath Civic Centre	2159	2223	2248	2316	2345	2305	2313	2345	2413	2443	2513	2543	2613	2643	2713	2743	2813	2843	
Romford Station	2207	2231	2256	2324	2353	2313	2343	2353	2423	2453	2523	2553	2613	2643	2713	2743	2813	2843	
Romford North Street Garage	2213	2237	2302	2330	2359	2319	2349	2359	2429	2459	2529	2559	2619	2649	2719	2749	2819	2849	
North Romford Chase Cross	2222	2246	2311	2339	2398	2308	2338	2398	2428	2458	2528	2558	2618	2648	2718	2748	2818	2848	

†—Time at Becontree Heath Bus Station. §—Time at Romford Parkside Hotel.

Note—This timetable is published as a guide to the general level of service, and timings are in many cases approximate. Every effort is made to maintain the scheduled service but this may from time to time be impossible owing to circumstances beyond London Transport's control. At Christmas, New Year, Easter, and Spring and Summer holiday weekends, some services have special timetables and some do not run at all. See notices on buses.



BUS

103

# to Rainham (WAR MEMORIAL)

VIA ROMFORD, BECONTREE HEATH AND DAGENHAM EAST

This Service is operated by Pay As You Enter buses.  
Please have your exact fare ready to pay as you board.

**Mondays to Fridays** ★—Between North Romford and Rainham buses run every 7-10 minutes until 1730.

<b>Stapleford Abbotts How Green</b>	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0659	0729	0759	0829	0859	0929
Haivering Green	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0706	0736	0806	0836	0906	0936
North Romford Chase Cross★	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0656	0709	0740	0810	0840	0910
Romford North Street Garage★	0510†	0528†	0542†	0556†	0610†	0625†	0637†	0644	0651†	0658†	0704	0712†	0717	0754	0824	0854	0924	0949	
Romford Station★	0515	0533	0547	0601	0615	0630	0642	0649	0656	0703	0709	0717	0722	0800	0830	0900	0930	0955	
Becontree Heath Civic Centre★	0523	0541	0555	0609	0623	0638	0650	0657	0704	0711	0717	0725	0732	0810	0840	0910	0940	1004	
Dagenham East Station★	0530	0548	0602	0616	0630	0645	0651	0704	0711	0718	0724	0732	0739	0817	0847	0917	0947	1011	
Rainham War Memorial★	0541	0559	0613	0627	0641	0656	0708	0715	0722	0729	0736	0744	0751	0829	0859	0929	0959	1023	
<b>Stapleford Abbotts How Green</b>	0559	.....	1459	1529	1559	1629	1659	1729	1759	.....	.....	1819	.....	1849	.....	1920	.....	.....	
Haivering Green	1006	Then	1506	1536	1606	1636	1706	1736	1806	.....	.....	1826	.....	1856	.....	1927	.....	.....	
North Romford Chase Cross★	1009	every	1509	1539	1609	1639	1709	1739	1809	1816	1823	1829	1832	1852	1859	1912	1930	1938	
Romford North Street Garage★	1019	30	1519	1549	1618	1648	1718	1748	1818	1825	1832	1838	1841	1901	1907	1920	1926	1938	
Romford Station★	1025	minutes	1525	1555	1624	1654	1724	1754	1824	1831	.....	.....	1846	1906	.....	1925	.....	.....	
Becontree Heath Civic Centre★	1034	until	1534	1604	1634	1704	1734	1804	.....	1840	.....	1855	1915	.....	1933	.....	.....	.....	
Dagenham East Station★	1041	.....	1541	1612	1642	1712	1742	1812	.....	1847	.....	1902	1922	.....	1940	.....	.....	.....	
Rainham War Memorial★	1053	.....	1553	1624	1654	1724	1754	1824	.....	1859	.....	1913	1933	.....	1951	.....	.....	.....	
<b>Stapleford Abbotts How Green</b>	1932	.....	2312	2332	2352	0012	.....	.....	.....	.....	.....	.....	.....	0803	.....	0833	.....	.....	
Haivering Green	1940	.....	2320	2340	2400	0020	.....	.....	.....	.....	.....	.....	.....	0810	.....	0840	.....	.....	
North Romford Chase Cross★	1945	.....	2325	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0813	0828	0843	0858	0914†	
Romford North Street Garage★	1953	20	2333	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0836	0851	0906	0939	0947	
Romford Station★	2000	minutes	2340	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0841	0856	0913	0921	0929	
Becontree Heath Civic Centre★	2011	until	2351	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0849	0904	0911	0928	0936	

**Saturdays** ★—Between North Romford and Rainham buses run every 7-10 minutes from 1000 until 1800.

<b>Stapleford Abbotts How Green</b>	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0733	.....	0803	.....	0833	.....
Haivering Green	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	0740	.....	0810	.....	0840	.....
North Romford Chase Cross★	.....	.....	.....	.....	.....	0628	0658	0713	0728	0743	0758	.....	0813	0828	0843	0858	0914†	0949
Romford North Street Garage★	0500†	0530†	0600†	0620†	0636	0651†	0706	0721	0736	0751	0806	1814†	0821	0836	0851	0906	0939	0947
Romford Station★	0505	0535	0605	0625	0641	0656	0711	0726	0741	0756	0811	1819	0826	0841	0856	0913	0921	0929
Becontree Heath Civic Centre★	0513	0543	0603†	0613	0633	0649	0704	0719	0734	0749	0804	0819	1827	0834	0849	0904	0912	0920
Dagenham East Station★	0520	0550	0610	0620	0640	0656	0711	0726	0741	0756	0811	0826	1834	0841	0856	0911	0928	0936
Rainham War Memorial★	0531	0601	0621	0631	0651	0707	0722	0737	0752	0807	0822	0837	1845	0852	0907	0922	0939	0947
<b>Stapleford Abbotts How Green</b>	0902	0930	0959	1729	1757	1827	1849	.....	.....	.....	.....	.....	.....	0803	.....	0833	.....	.....
Haivering Green	0909	0937	1006	Then	1736	1804	1834	1856	.....	.....	.....	.....	.....	0810	.....	0840	.....	.....
North Romford Chase Cross★	0912	0940	1009	every	1739	1747	1807	1822	1837	1852	1859	1907	.....	2322	2337	2352	0007	0022
Romford North Street Garage★	0922	0950	1020	30	1750	1758	1815	1830	1845	1900	1907	1915	.....	2330	2345	2400	0015	0030
Romford Station★	0929	0957	1027	mins.	1757	1805	1820	1835	1850	1905	1912	1920	.....	2335	.....	.....	.....	.....
Becontree Heath Civic Centre★	0937	1007	1037	until	1807	1813	1828	1843	1858	1913	.....	1928	.....	2343	.....	.....	.....	.....
Dagenham East Station★	0944	1014	1044	.....	1814	1820	1835	1850	1905	1920	.....	1935	.....	2350	.....	.....	.....	.....
Rainham War Memorial★	0955	1025	1055	.....	1825	1831	1846	1901	1916	1931	1946	1946	.....	0001	.....	.....	.....	.....

Additional buses, Saturdays: North Romford Chase Cross to Romford Station at 1754.

North Romford Chase Cross to Romford North Street Garage at 1802, 1827, 1832.

**Sundays (also Easter, Spring & Summer Bank Holidays)**

<b>North Romford Chase Cross</b>	.....	0656	0729	0801	0834	0907	0940	1013	1046	.....	1119	1150	1216	1240	1304	1329	1353	1418	
Romford North Street Garage	.....	0631†	0704	0737	0809	0842	0915	0948	1021	1054	1110†	1127	1158	1224	1248	1312	1337	1401	1426
Romford Station	.....	0636	0709	0742	0814	0847	0920	0953	1026	1059	1115	1132	1203	1229	1253	1317	1342	1406	1431
Becontree Heath Civic Centre	.....	0644	0717	0750	0822	0855	0928	1001	1034	1107	1123	1140	1211	1237	1301	1325	1350	1414	1439
Dagenham East Station	.....	0651	0724	0757	0829	0902	0935	1008	1041	1114	1130	1147	1218	1244	1308	1332	1357	1421	1446
Rainham War Memorial	.....	0702	0735	0808	0913	0946	1019	1052	1125	1141	1158	1229	1255	1319	1343	1408	1432	1457	
<b>North Romford Chase Cross</b>	1443	1507	1531	1556	1620	1645	1710	1734	1758	1822	1847	1912	1924	1936	2001	2026	2050	.....	
Romford North Street Garage	1451	1515	1539	1604	1628	1653	1718	1742	1754†	1806	1830	1855	1920	1932	1944	2009	2034	2058	
Romford Station	1456	1520	1544	1609	1633	1658	1723	1747	1759	1811	1835	1900	1925	1949	2014	2039	2103	.....	
Becontree Heath Civic Centre	1504	1528	1552	1617	1641	1706	1731	1755	1807	1819	1843	1908	1933	1957	2022	2047	2111	.....	
Dagenham East Station	1511	1535	1559	1624	1648	1713	1738	1802	1814	1826	1850	1915	1940	2004	2029	2054	2118	.....	
Rainham War Memorial	1522	1546	1610	1635	1659	1724	1749	1813	1825	1837	1901	1926	1951	2015	2040	2105	2129	.....	
<b>North Romford Chase Cross</b>	2114	2138	2203	2228	2252	2317	2346	0013	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Romford North Street Garage	2122	2146	2211	2236	2300	2325	2354	0021	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Romford Station	2127	2151	2216	2241	2305	2330	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Becontree Heath Civic Centre	2135	2159	2224	2249	2313	2338	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Dagenham East Station	2142	2206	2231	2256	2320	2345	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	
Rainham War Memorial	2153	2217	2242	2307	2331	2356	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	

†—Time at Becontree Heath Bus Station.      §—Time at Romford North Street/The Avenue.

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